

## ESSENTIAL IMMUNE FUNCTION SEMINAR

29 May 2022

### Questions and Answers

#### **1 Are there seeds available for the original 12 strains of Cannabis?**

So much cross breeding has occurred over multiple countries for such a long time that finding one of the original strains would be almost impossible. All of the strains we use are cross strains. If you are interested in researching more about cannabis strains we would recommend the [Leafly](#) website.

N. Freeburn

#### **2 Where can I get plant to grow?**

If you would like to experiment with growing your own plants, we are able to supply seeds. You would need to send a prepaid envelope to The Church of Ubunutu, PO Box 200 Newcastle 2300. Pls state what you require the seed for, and we will decide which seeds best suit your needs.

N. Freeburn

#### **3 I would be interested in your opinion about PEA which I was taking for CRPS (complex regional pain syndrome)**

PEA is a fatty acid: amide. It is like anandamide which is the main cannabinoid bliss molecule your body makes. Unlike regular fats, amide-containing fatty acids like PEA and our cannabinoids are directly involved in nerve communication. PEA activates the following receptors PPAR- $\alpha$ , GPR55, GPR119 and also affects TRPV1, CB1 and CB2. PEA supplements are chemically made from Palmitic acids. PEA is a fatty acid analogue of Anandamide.

For those that don't want to take whole plant Cannabis extracts then PEA is a great second choice as it will drop inflammation and hence pain as it activates many receptors and acts like Anandamide. I would say that whole plant Cannabis is a better product as it contains more phytochemical compounds than PEA.

Those suffering chronic debilitating pain could take both together to get a broader pain relief.

E. Cohen

**4 It seems to me that our Dr's and hospitals should be using these resources to reduce Covid deaths from cytokine storm (if they weren't taken over), but is there a recommendation for our emergency home early treatment kit?**

Recommendations for a home emergency kit:

- NAC - 500 mg (3 times daily if sick). Take with Selenium to increase action
- CBD - this lowers Cytokine storm. It can be taken in combination with PEA
- CBD/THC - to activate Endocannabinoid system and re balance the body
- Iodine - to lower thyroid issues caused by virus spike proteins and stop taste and smell sensation loss
- Oregano oil - multiple uses but a great antiviral/bacterial agent
- Hydrogen Peroxide - put 10mls of 3% hydrogen peroxide into a nebuliser and inhale. This will oxidise any bacterial infection in lungs. You can also use MMS (Chlorine Dioxide instead of Hydrogen peroxide (3 activated drops in 10mls of water)
- C60 - This lowers inflammation, is a massive anti-oxidant and will detox body of Graphene
- Vit C
- Vit D
- Liposomal
- Quercetin and Zinc formula - This will act as an IONOSPHERE - taking Zinc into cell to kill viral proteins
- Ivermectin - If you can get Ivermectin the dose is - 12-15 mg daily for 5 days then 15mg once a week for 5 weeks. Take with Tumeric to increase action.

E. Cohen