

## LEVELS OF CARE

### CONSULTATIONS & SUPPORT

Every person, and every healing journey is unique. Please select the Level of Care that best reflects your individual requirements below, so we can tailor your experience accordingly.

#### 1 LEVEL 1 CARE PROGRAMME - \$150 (1 month)

Our Level 1 package is recommended for those who have some cannabis experience, and/or those who are supported by an existing health practitioner who understands the Endocannabinoid System and formula use.

- Initial consultation (45 minutes)
- Individualized treatment protocol
- Comprehensive guidelines (emailed post-consultation)
- Access to online portal & additional resources
- Support to place your initial order, if required
- 1 x 15 minute follow up call within the month – usually 2-3 weeks after initial consultation
- Support via email or text throughout the month as appropriate

#### 2 LEVEL 2 CARE PROGRAMME - \$260 (1 month)

This package is recommended for those with no prior cannabis experience, those with more complex cases, and/or those who require additional support implementing a new regimen into their daily practice. This is highly recommended for anyone feeling cautious about the use of cannabis-based formulas.

- Initial consultation (60 minutes)
- Individualized treatment protocol
- Comprehensive guidelines (emailed post-consultation)
- Access to online portal & additional resources
- Support to place your initial order, if required
- 2 x 15 minute coaching calls throughout the month
- 1 x 30 minute end of month review
- Support via email or text throughout the month as appropriate

#### 3 LEVEL 3 CARE PROGRAMME - \$480 (3 months)

This package is for those requiring intensive healing, or for anyone who feels they would benefit from ongoing support as they embark on a new journey towards wellness and a better quality of life.

##### MONTH ONE:

- Initial consultation (60 minutes)
- Individualised treatment protocol
- Comprehensive guidelines (emailed post-consultation)
- Access to online portal & additional resources
- Support to place your initial order, if required

- 1 x 15 minute mid-month coaching call
- 1 x 30 minute end of month review

-

#### **MONTH TWO:**

- 1 x 50min one-on-one coaching, or other appropriate supportive session
- 1 x 15 minute end of month check-in

#### **MONTH THREE:**

- 1 x 50min one-on-one coaching, or holistic psychotherapy session
- 1 x 30min end of program review

\* Support via email or text throughout the duration of the program as appropriate

\* Revisions to protocol and guidelines, as required throughout the program

Please note – the above is a guide only to assist with an initial structure, however this Care Program can be tailored to suit both client and Practitioner according to needs and modalities.

## **4 FOLLOW UP CONSULTATIONS**

### **4.1 PRICE SCALING FOR FOLLOW UP CONSULTATIONS:**

- 15-minute consultation - \$30
- 30-minute consultation - \$50
- 45-minute consultation - \$80

Follow up consultations are necessary to assess how your treatment is progressing and ensure you are getting the desired results. Your treatment protocol is dynamic and may need to be adjusted as your health and wellbeing changes. These appointments provide the opportunity to ask questions, discuss dosages or potential side effects, adjust your treatment protocol and update scripts if necessary.

Longer appointments may be utilised to delve more deeply into the underlying causes of your symptoms. Diet and lifestyle factors have a huge impact on your health, and we are here to guide and support you with the implementation of long-term strategies to ensure your health and wellbeing are maximised.

The frequency of these appointments is dependent on your individual needs and requirements for ongoing treatment and support. Every healing journey is unique. While some conditions may not require close monitoring, others may need more regular check-ups. Your practitioner will discuss a timeline with you at your Initial Consultation; however, you are in control and the final decision is up to you. Ultimately, we hope you'll only be checking in with us every 6-12 months, to keep your health on track.

## **5 FORMULAS AND SUPPLEMENTS**

These are charged separately. Our formulas start at \$60 per 25ml bottle and our protocols generally include a daytime, an afternoon, and a night-time formula. All costs and rationale will be discussed during your consultation to ensure you are in agreement before we proceed. Rest assured, we will only use what is necessary to get a result.

## **6 PAYMENT PLANS & COMPASSIONATE CARE**

If you are experiencing serious financial, medical, or other personal problems, please speak to us about applying for a payment plan to pay in instalments.

## **7 CANCELLATION POLICY**

Cancellations are to be received within 24 hours of your scheduled appointment time. To cancel an appointment please call your Practitioner. If we do not answer or you are calling after hours please leave us a message with your name, phone number, and appointment time.