

## FORMULAS CREATED BY NATURAL LORE WELLNESS

Since mid-2016 Natural Lore Wellness has continued developing 3 highly unique Formulas that are ideally used in a structured Programme following a natural bio-rhythm including herbal teas and nutritional / lifestyle changes. This approach has proven to be both a preparation and gentle activation of the endocannabinoid system whilst detoxification takes place, making this an ideal Preparation method or “Primer” prior to any standard extracted formulations being consumed. It is also noted that numerous clients who have undertaken the 24 day programme felt it was ideal to continue this format at the end of each cycle.

These novel formulas consist of Salt Water; Oil and Water and Oil combinations.

### 1 Hydro Mineralised Infusion (HMI)

This is a Salt water infusion including the Cannabis plant and herbs to further assist the digestive and endocrine systems alongside a greater variety of therapeutically noted terpenes and essential oils in the herbs. The salt water is chemical free and the process involves heat and pressure.

The premise of this formula is to act as a cannabinoid agonist, to create an immune response, allowing cells to release toxins and uptake nutrients. This may also be another efficient method of cell regeneration whilst serving an adaptogenic element potentially enabling survival in a toxic environment – internally and externally.

*Nikki has been experimenting with this formulation since October 2016 with notable positive effects.*

### 2 Activated Oil Infusion (AOI)

The herbs (including the cannabis) from the HMI once strained and dried are then used in an oil infusion, again heated under pressure. Either Organic Olive Oil or MCT (medium chain triglyceride coconut oil) is used as the carrier.

The use of both water based and oil based cannabinoid formulations appear to create a balanced and complimentary foundation to enhance cannabinoid treatment and overall cellular health.

### 3 Hydro Atomiser Solution (HAS)

This is the third formula that is dispensed as a nasal spray or mist. The herbs from the AOI are removed from the oil based and undergo a more intense pressure and heat process creating an emulsified milky-like liquid. The inspiration for this formula was to assist relieve symptoms of brain tumours and as a direct application potentially effecting the lesions. Through an experiment by the mother of a client having seizures due to non-malignant brain tumours, this formulas acted as an immediate “break-through” for the seizures. This is now the most common application of the formula.