

POST COVID INOCULATION PROTOCOL

This protocol has been compiled to provide assistance to those who've been injected with the spike protein and mRNA and are suffering health issues as a result. This protocol is a combination of Dr J Mikovits, Dr Ardis, Dr David Wolfe, Dr Joe Nieuma, Dr Zelenko and Dr Group's protocols, as well as my own research.

This protocol is a condensed version of the Research and Extensive Protocol Document.

As humanity has never experienced this type of injection before, at present there are no proven allopathic medical treatments to reverse damage caused by these injections. Our protocol is comprised of compounds that have been researched to show actions on pathways activated by these injections, or on the Spike protein surface itself. It is logical to use these compounds to achieve symptomatic relief.

Nothing in this protocol has been proven to be unsafe in suggested doses and all are natural compounds with extensive research papers on each.

Everything in this protocol can be easily obtained and has active actions on either the Spike Protein or symptoms that are being caused by these proteins.

1 PROTOCOL

- **C60** - Take 1 teaspoon twice daily
- **HIGH WHOLE PLANT CBD OIL** -Take 2-5 mls at least 2-3 times daily
- **CHLORINE DIOXIDE**
- **N-ACETYL CYSTEINE** - NAC - 500-600 mg daily **SELENIUM** - 200-400 mag Daily
- **BHT** – (Butylated Hydroxytoluene) Take 500 mg at night initially, then 250 mg daily – for 2-3 months post jab (ensuring no added jabs given)
- **BORON** – Take 1 pinch dissolved in water daily.
- **VITAMIN D3 & K2** - 10,000 -100,000 iu daily – take with **VITAMIN K3**.
- **VITAMIN C** - Liposomal - 30 ml, twice daily or powder 2-5 gms daily.
- **NKCP** (Nattokinase from Biomedical) - Take 1 twice daily
- **NICOTINE** - 2 -4 mg twice daily (not smoked or vaped)
- **5% PROGESTERONE CREAM** – 1tsp twice daily rubbed into forearm
- **ZINC** - (don't take if using Liposomal Quercetin & Zinc formula) - 30-80 mg daily with food
- **QUERCETIN** (If taking - Liposomal Quercetin & Zinc formula take 5 mls daily) - Or Capsules of 500-1000 mg, twice daily
- **ACTIVATED CHARCOAL** - 2-4 capsules a day
- **MAGNESIUM** - 1-2 gms daily
- **GARLIC & LEMON REMEDY** – Make fresh, 50 mls with food twice daily, see Extensive COVID Inoculation research and protocol document for recipe
- **IVERMECTIN** - 12-15 mg daily for 5 days then 15 mg once weekly for 5 weeks

- **PQQ & CoQ10** - Take in doses of:
 - PQQ – (Pyrroloquinoline quinone) - 100-400 ug daily
 - CoQ10 - (Ubiquinone) – 150-600 mg daily
- **ASHWAGANDHA** - 250-500 mg twice daily
- **OZONE inhalation** 2-3 min daily
- **PROTEOLYTIC ENZYMES** - take daily with food
- **SHIKIMATE TEAS & FOODS** - (Fennel Seed, Star Anise, Dandelion) – drink 3-4 + cups daily
- **APPLE PECTIN** -Take 1-2 spoonful's daily
- **MILK THISTLE EXTRACT** - 300 MG 3 TIME
- **EGCG** - 400 mg daily
- **DMG** - (Dimethylglycine) - 100-400 mg daily.

2 SUPPLEMENTS & FOODS THAT WILL ACTIVATE P53 GENE EXPRESSION

- **ZINC** helps protect the p53 gene against cancer-forming mutations.
- **SELENIUM** can activate p53 in response to genetic damage, helping the cell to repair its DNA.
- Herbs such as **SAGE, ROSEMARY, GINGER, CURCUMIN,** and **ASHWAGANDHA** support p53.
- Eat as many **cruciferous vegetables** as possible, especially watercress daily
- **THYMOQUINONE** extracted from **BLACK SEED** triggers apoptotic cell death in colorectal and other cancers cells via the p53- dependent mechanism.
- **ANTHOCYANINS**, abundant in **red onions**, inhibit the damage that impaired p53 can cause on cells and tissue.
- **Anthocyanins** are also found in **blackberries, blueberries, purple grapes, eggplant, and avocado.**
- **IP6**
- **Resveratrol**
- **Clinoptilolite (a special form of Zeolite)**
- **Vitamin D**
- **EFA's from omega 3 fatty acids**
- **Liquorice**
- **Mistletoe**
- **Selenium**
- **Vitamin C**

Processed foods, refined flours, and sugars will impair P53. Smokey flavouring and smoked foods can also damage DNA. Chemicals such as BENZENE and PERCHLOROETHYLENE, two volatile organic compounds, negatively affect p53, possibly causing them to stimulate rather than suppress cell proliferation.

3 PRION INHIBITING SUPPLEMENTS

- **Ecgc**
- **Curcumin**
- **Oleuropein Aglycone (Extra Virgin Olive Oil)**

- Coffee Polyphenols
- Octyl Gallate (Green Tea)
- Grapes, Pineapple, & Strawberries
- Rosmarinic Acid (Rosemary & Oregano)
- Apigenin
- Baicalein
- Myricetin
- Quercetin
- Ginsenoside Compound K (American Ginseng)
- Retinoic Acid (Vit A)
- Tocotrienol (Vit E)
- Cholecalciferol (Vit D3)
- Garcinoic Acid (Vit E Derived)

4 EXTRAS

- Take supplements daily that will activate P53 gene
- Take supplements daily that will Inhibit PRION formation
- Eat an organic alkaline vegetarian diet
- Drink only REVERSE OSMOSIS, STRUCTURED or DISTILLED water (not tap)
- Drink DANDELION LEAF TEA and consume SHIKIMATE TEAS & FOODS – drink 3-4 + cups daily
- Take PROTEOLYTIC ENZYMES - Digests Spike proteins ... Take 2-4 caps with food and 2-4 caps on an empty stomach daily. MASSZYMES by BiOptimizers - order online from www.optimoz.com.au

By Emma Cohen, RN

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TAKE SUPPLEMENTS THAT WILL ACTIVATE P53 GENE EXPRESSION Page | 5

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