

POST COVID INOCULATION RESEARCH & EXTENSIVE PROTOCOL

This protocol has been compiled to provide assistance to those who've been injected with the spike protein and mRNA and are suffering health issues as a result. This protocol is a combination of Dr J Mikovits, Dr Ardis, Dr David Wolfe, Dr Joe Nieuma, Dr Zelenko and Dr Group's protocols, as well as my own research.

As humanity has never experienced this type of injection before, at present there are no proven allopathic medical treatments to reverse damage caused by these injections. Our protocol is comprised of compounds that have been researched to show actions on pathways activated by these injections, or on the Spike protein surface itself. It is logical to use these compounds to achieve symptomatic relief.

Nothing in this protocol has been proven to be unsafe in suggested doses and all are natural compounds with extensive research papers on each.

Everything in this protocol can be easily obtained and has active actions on either the Spike Protein or symptoms that are being caused by these proteins.

To start dealing with the many health issues caused by this injection the following need to be addressed.

- Lowering your systemic inflammation
- Increasing immune system activation
- Preventing and repairing damage caused by the spike protein
- Detox the body from Graphene oxide and spike proteins
- Reversing and preventing PRION damage
- Activating the bodies P 53 genetic pathways

This program is comprehensive and should be taken until symptoms are resolved. For best results of this treatment, do not introduce any more toxins into the body.

SHIKIMIC ACIDS

Adding Shikimic acids into your daily routine is very beneficial. This can be done using teas and essences. There is a lot of strong evidence suggesting that Shikimic acids have a positive effect at reversing many Autism issues as well as effecting the spike protein. Shikimic acids may counteract blood clot formation and reduce some of the spike protein's toxic effects.

TESTING FOR SPIKE PROTEINS

There is a blood test that can determine if your blood is affected by Spike Proteins. It is a clotting test called a D-dimer test. If you have a high D-dimer result, then your blood is thickening, and you need to take action. You can also have a spike protein antigen test which will tell you if you have spike proteins in the blood. This is a comprehensive protocol covering many aspects of damage. Take supplements from each category.

FASTING

It is highly recommended that anyone suffering adverse reactions from the inoculation do a 3-day water fast, before starting a protocol

Fasting kicks starts the bodies' natural killing and removal of toxic cells. This process is called AUTOPHAGY. It's important to eat a mainly vegetarian, clean detox diet, making sure that you eat to your Blood type. Drink only Reverse Osmosis or Distilled water. Taking Zeolite or Activated Charcoal to assist with removal of toxins from body.

SPIKE PROTEIN INHIBITORS AND NEUTRALIZERS

A group of international doctors and holistic practitioners who have experience helping people recover from COVID-19 and post-injection illness compiled natural options for helping to reduce your body's spike protein load. The following are spike protein inhibitors, which means they inhibit the binding of the spike protein to human cells:

- Prunella vulgaris
- Pine needle Tea
- Emodin
- Neem
- Dandelion leaf extract
- Ivermectin

Ivermectin, for example, docks to the SARS-CoV-2 spike receptor-binding domain attached to ACE2, which may interfere with its ability to attach to the human cell membrane. Other blockers include:

- N-acetylcysteine (NAC)
- Glutathione
- Fennel tea
- Star anise tea
- St. John's wort
- Comfrey leaf
- Vitamin C

The compounds in the above contain shikimic acid, which may counteract blood clot formation and reduce some of the spike protein's toxic effects. Nattokinase, a form of fermented soy, may also help to reduce the occurrence of blood clots.

HOW TO DETOX FROM FURIN AND SERINE PROTEASE

To gain entry into your cells, SARS-CoV-2 must first bind to an ACE2 or CD147 receptor on the cell. Next, the spike protein subunit must be proteolytically cleaved (cut). Without this protein cleavage, the virus would simply attach to the receptor and not get any further.

“The furin site is why the virus is so transmissible, and why it invades the heart, the brain and the blood vessels,” Dr. Steven Quay, a physician and scientist, explained at a GOP House Oversight and Reform Subcommittee on Select Coronavirus Crisis hearing.

The existence of a novel furin cleavage site is found on SARS-CoV-2, but not on other coronaviruses. NATURAL FURIN INHIBITORS, which prevent cleavage of the spike protein, can help you detox from furin and include:

- Rutin
- Limonene
- Baicalein
- Hesperidin

SERINE PROTEASE is another enzyme that’s “responsible for the proteolytic cleavage of the SARS-CoV-2 spike protein, enabling host cell fusion of the virus.” Inhibiting serine protease may therefore prevent spike protein activation and viral entry into cells. WCH compiled several natural serine protease inhibitors, which include:

- Green tea
- Potato tubers
- Blue green algae
- Soybeans
- N-acetyl cysteine (NAC)
- Boswellia

HOW TO PROTECT YOUR ACE2 RECEPTORS AND INHIBIT IL-6 ACTIVATION

Spike protein attaches to your cells’ ACE2 receptors, impairing the receptors’ normal functioning. This blockage may alter tissue functioning and could be responsible for triggering autoimmune disease or causing abnormal bleeding or clotting, including vaccine-induced thrombotic thrombocytopenia.

Ivermectin, hydroxychloroquine (with zinc), quercetin (with zinc) and fisetin (a flavonoid) are examples of substances that may naturally protect your ACE2 receptors.

Ivermectin works in this regard by binding to ACE2 receptors, preventing the spike protein from doing so.

Interleukin 6 (IL-6) is a proinflammatory cytokine that is expressed post-injection and levels increase in those with COVID-19.

It’s for this reason that the World Health Organization recommends IL-6 inhibitors for people who are severely ill with COVID-19. Many natural IL-6 inhibitors, or anti-inflammatories, exist and may be useful for those seeking to detox from COVID-19 or COVID-19 injections:

- Boswellia serrata (frankincense)
- Dandelion leaf extract

- Black cumin (*Nigella sativa*)
- Curcumin
- Krill oil and other fatty acids
- Cinnamon
- Fisetin
- Apigenin
- Quercetin
- Resveratrol
- Luteolin
- Vitamin D3 (with vitamin K)
- Zinc
- Magnesium
- Jasmine tea
- Bay leaves
- Black pepper
- Nutmeg
- Sage
- CBD
- C60

THE THREE C 's

1. CBD - Cannabis Sativa

CBD has many healing properties, activation of Cb2 pathways, immune system stimulation and protection, lowers Cytokine Storm ability and inflammation. CBD can also assist with stopping blood clotting. Use only whole plant high CBD oil.

2. CARBON C60

One of the issues we are seeing with those who have been injected is a disturbance in their energetic field (magnetism) and hot spots of inflammation. C 60 is a rich-source of electrons and acts like a fire extinguisher to inflammation and simultaneously (because it bio-distributes throughout the body) drives a normalization of electron flow throughout the body.

Also, C60 has the potential to remove Graphene Oxide from the body. C60 is an important molecule as it is the highest antioxidant on the planet, constantly replenishing itself, and it is very effective at detoxing the blood and brain from heavy metals and chemicals, introduced via the injection. C60 has DNA and Mitochondrial protecting properties. C60 stops the Spike Protein from imbedding itself into a cell and repairs cellular damage caused by the spike protein. C60 will also help to prevent blood clots.

C60 is suspended in oil. You can buy it in either MCT or OLIVE oil.

- Take 1 teaspoon twice daily
- CD (Chlorine Dioxide) or MMS

3. CD (Chlorine Dioxide or MMS)

CD works as an oxidant and is showing in studies to affect the Spike Protein. CD has massive anti-microbial, anti-bacterial and anti-viral properties. Research, out of Japan, shows that CD blocks the Spike Protein from attaching to a cell, via the ACE2 pathway. Also, CD is showing actions on the destruction of Graphene Oxide.

If you have never taken CD before, follow this very basic protocol:

- Activate (mix together) 1 drop of each bottle (Blue & Green - CONVENIENT PACK) in a small glass. Wait for 1-2 minutes to activate. Put into an 800 - 1000 ml glass bottle and fill with Distilled or filtered water (mark 150 ml increments on the side of bottle) and drink 150 mls per hour until finished. The next day increase drops by 1 drop daily, until you get to 5 activated drops in 800 - 1000 mls of water. Stay on this ratio for 21 days then stop. If you can't tolerate dose, drop back dose until you can handle higher doses.

SUPPLEMENTS (Most already mentioned above)

- **NAC – (N- ACETYL CYSTEINE)**
Stimulates GLUTATHIONE levels. DETOXES GRAPHENE OXIDE from the body. Works synergistically with C60. NAC is a powerful antioxidant and is a major supplement for LUNG health. Selenium activates Quercetin so that 200-400 mag daily of Selenium.
 - Take (500 mg – 3 times daily)
- **ZINC** - When taken with Quercetin, Zinc becomes an Ionophore. This helps the immune system against viral attacks. Zinc is a difficult mineral to get into a cell and should always be taken with Quercetin.
 - Take 30-80 mg of Zinc citrate per day depending on immunological pressure.
 - Or take combined Quercetin and Zinc

jason@naturopathic-care.com sell LIPOSOMAL QUERCETIN & ZINC a combined product - Take 5 mls daily. Don't take extra Zinc if taking Liposomal Quercetin & Zinc.
- **VITAMIN D3 & K2** – VITAMIN D is important as high levels (over 80 mmol in blood) in the blood protects you from viral attacks, Vit D also will help with Blood clotting and heart issues
 - Take (10,000 iu daily – always take with VITAMIN K2) - Twice daily
- **BORON** – (Sodium Tetra borate, sodium Borate) is an essential mineral for the bones and body, and it helps dissolve silica particles. Borax is the product that is made from BORON. Buy BORAX from supermarkets and from Bunnings. When buying Borax, make sure that there are no fragrances or added ingredients. Brands to look for are - 20 MULE TEAM, or "Glitz Green" Borax.
 - Take 1 pinch daily in water

- **BLACK SEED OIL** – Massive Anti-inflammatory action, helps cellular repair, works synergistically with C60
 - Take 1 capsule 3 times daily
- **BHT** – (Butylated Hydroxytoluene) - dissolves nano lipid particles. This link is to an EBook By Stephen Fowkes on BHT and its ANTI VIRAL/ LIPID dissolving properties - <https://www.healthrising.org/forums/threads/the-bht-book-by- steven-fowkes-free.5470/>
 - Take 500 mg initially at night. Then take 1 x 250 mg Capsule at night for 4 weeks.
- **VITAMIN C** - Liposomal - 30 ml, twice daily or powder 2-5 gms daily
- **NKCP by BIOMEDICA** - Is an enzyme called Bacillopeptidase F made from Natto that reduces blood clotting (Natto kinase). Take 1 capsule twice daily
- **ACTIVATED CHARCOAL** - 2-4 capsules a day - Charcoal is the pre-eminent de-toxifier and when taken on an empty stomach, works its way down into the intestines and activates a blood purification process known as “interstitial dialysis”
- **QUERCETIN** - This is a very important supplement, as it acts on many pathways. This substance forms an ionophore with Zinc, taking Zinc into the cell. HydroxyChloroquine works the same way. Zinc is toxic to viruses, but is difficult to get into the cell. Zinc should always be taken with Quercetin. It’s a feel good bioflavonoid and helps with moods associated with these injections, correcting Dopamine imbalance.
 - Take 500-1000 mg, twice daily
 - OR jason@naturopathic-care.com sell LIPOSOMAL QUERCETIN & ZINC a combined product - Take 5 mls daily
- **PROGESTERONE CREAM** - To help deal with hormonal issues we recommend 5% USP PROGESTERONE CREAM (make sure that cream has a USP factor of 5%) –Cream is made from Wild Yams. Progesterone cream addresses Oestrogen like symptoms that are associated with Spike Proteins.

If suffering any Uterine, Ovarian and Testicular issues, then rub cream directly over these areas. Get 5% USP creams from either a compounding chemist with a script from your Dr, making sure that the cream is a USP 5% Progesterone cream, or from a US site - www.plattwellness.com. Or you can also use PROGESTERALL- 2% cream. You can get from - www.naturopathic-care.com

 - Double the amount when using a 2% USP Progesterone cream, to get close to a 5% dose.

- Rub dose onto fore arms, belly or back of neck twice daily.
- **IVERMECTIN** - If you can get Ivermectin the dose is - 12-15 mg daily for 5 days then 15mg once a week for 5 weeks
- **EGCG** - (from Green Tea extract) - 400 mg daily
- **DMG** - (Dimethylglycine) - 100-400 mg daily - Restores immune system, building block for Glutathione, aids cardiovascular and neurological function
- **ASHWAGANDHA** – An apoptogenic herb that helps the body deal with stress by lowering cortisol. ASHWAGANDHA inhibits cortisol and is regenerative. Start taking at 250 mg twice daily for a week. If tolerated then increase to 500 - 700 mg twice daily.
- **NICOTINE** – (I never advocate smoking or vaping. Take nicotine orally or transdermal). Nicotine has been wrongly victimized by the health industry. Its attachment to smoking has misguided the public against Nicotine. Smoking chemicals, especially those in cigarettes, is what damages the lungs not the ingesting of Nicotine. Nicotine has been downplayed for a reason, it's very beneficial to our brains and is massively neuroprotective. A vast body of research today suggests that nicotine can enhance several dimensions of human performance, including coordination, vigilance, memory, and reaction time. A recent meta-analysis of 41 double-blind, placebo-controlled studies found significant effects of nicotine on motor abilities, attention, and memory. Studies are also showing the benefit of Nicotine with diseases like Alzheimer's and Parkinson's.

NICOTINE IS A NOOTROPIC. IT IS A COGNITIVE ENHANCING SUBSTANCE.

Nicotine is the main agonist of NICOTONIC ACETYLCHOLINE RECEPTORS- which are the primary site of action for Acetylcholine. Vital in cognitive functions of the brain, such as memory, attention, decision making and executive processes. Hence the multiple studies showing the potential treatment of nicotine for diseases like Alzheimer's, Schizophrenia and ADHD disorders.

Studies show that Nicotine protects neurones from damage caused by Spike Proteins. Nicotine is neuroprotective against spike proteins. Nicotine has a very short half-life of action on the body - it only lasts 1-2 hours. This means that you can use nicotine later in the day without negatively impacting your sleep, for the simple reason that it clears out of your system more quickly. When consumed orally has the advantage of avoiding the interaction between any chemicals present in the product and the lungs. ORAL NICOTINE (not tobacco) is the best way to consume nicotine to experience performance enhancing effects, avoiding artificial sweeteners, which do the opposite to brain enhancement.

- Take Nicotine in either a spray, Gum or Patch. Avoiding chemicals and artificial sweeteners.

- Dr Bryan ARDIS recommends a Nicotine dose of 2 - 4 mg twice daily (morning and evening)

FOODS, JUICES AND TEAS

- **FOODS HIGH IN QUERCETIN** – these foods should be incorporated into the diet:
 - Onions, Capers, Garlic
 - Olive oil
 - Organically grown Apples, Plums, red Grapes and Citrus fruits
 - Dark Cherries and dark berries like Blueberries, Blackberries and Bilberries
 - Citrus Fruit - (especially blood oranges, due to their high HESPERIDIN content — HESPERIDIN is a CHALCONE like QUERCETIN that deactivates spike protein)
- **HIGH SHIKIMIC ACID JUICES** – These juices should be had daily
 - WHEAT GRASS and WHEAT GRASS JUICE - (blades are high in Shikimate)
 - CARROT JUICE – drink often as its high in Shikimic Acids
- **HIGH SHIKIMAC ACIDS TEAS** - Drink 3-4 cups daily
 - FENNEL SEED AND/OR STAR ANISE TEA - 3-4 Star Anise pods in hot water and steep. Drink 3-4 cups daily. These are also an excellent source of shikimate or shikimic acid (which is known to neutralize the spike protein). Fennel Seed tea – steep 2-3 Teaspoons of Fennel seeds in hot water and drink. Also helps with Autism.
 - PEPPERMINT TEA - (very high in HESPERIDIN)
 - LIQUORICE ROOT TEA – (Glycyrrhizin disables spike protein)
 - DANDELION LEAF TEA - (Disables spike protein) – 4-10 grams. Steeped in hot water 3 times daily
- **CRUCIFEROUS VEGETABLES** (especially watercress with its high content of PEITC) have been found to support p53. PEITC (phenethylisothyanate) decreases the levels of mutated p53 and helps to restore the normal activity of this protein. Drizzle Olive oil on your Cruciferous veggies to also inhibit Prion activity as well as release Vit K
- **FOODS'S HIGH IN VITAMIN C.** There foods are another promoter of P53, which is one of the reasons intravenous VITAMIN C (IVC) and high-dose oral C therapies are so effective against cancer
 - Berries
 - Citrus
 - Capsicum
- **RESVERATROL** in red grapes and red wine (organic please, and research shows dark, red wines are best) Resveratrol activates the P53 gene.

HERBS

- **SUPER HERBS** to help disable spike protein by increasing shikimic acid. Make these into teas and drink
 - SCHIZANDRA BERRY- (high in Shikimate)
 - TRIPHALA FORMULATIONS - In Sanskrit, the word Triphala means "Three fruits": a combination of INDIAN GOOSEBERRY (EMBLICA OFFICINALIS), BLACK MYROBALAN (TERMINALIA CHEBULA) and BELLERIC MYROBALAN (TERMINALIA BELERICA). The terminalia fruits are rich in shikimate
 - COMFREY LEAF - (rich in shikimate)
 - FEVERFEW - (leaves and flowers are rich in shikimate)
 - GINGKO BILOBA LEAF - (rich in shikimate)
 - GIANT HYSSOP OR HORSEMINT (AGASTACHE URTIFOLIA)
 - LIQUID AMBAR (SWEET GUM TREE) - The spiky seedpods are rich in shikimate. Use pods that have fallen off a tree, open them and use seeds in a tea.

OZONE THERAPY

Ozone is naturally-produced gas made by lightning. Ozone kills all pathogens via oxidation. Buy a generator online. Make sure that it is around 60G strength, and it has a timer.

To use, just close up room to be treated, close windows and doors. Turn on generator for 30 min -1hr - you will see fog develop; this is ozone. Go into room and turn off generator, inhale deeply for 3-5 minutes (ozone will get into blood via lungs) then open doors and windows. Do this to whole house or just rooms. Everything that the fog touches get sterilized ... bedding, clothes, and every surface ... wipe down afterwards to remove dead pathogens. Don't sit in room whilst ozone is operating as ozone is not to be taken in high doses, unless supervised.

If you feel that you have had too much (dizziness, headaches) leave ozone environment and breathe fresh air, this will fix these issues.

Check out this article - www.newstarget.com titled - "Ozone treatments REVERSE blood cell clotting, lumping caused by COVID vaccines" – striking visual evidence-
<https://www.afinalwarning.com/568290.html>

CHLORINE DIOXIDE

CHLORITE) - the product when ordering is called - THE CONVENIENCE PACK.

EXPLANATION OF "ACTIVATED DROPS":

Activated drops means to add 1 drop into shot glass (use only glass) of each container Blue and Green and wait for it to activate before adding to water or use gas. For example, 2 activated drops mean add 2 drops of each container – Blue and Green, into a small glass and let "activate" for 1-2 minutes. Then add this to water or bath or use gas that's produced. You will see a change in colour and a smelly gas is

produced, this is when you know it's activated. When using in a bath use 30 -40 activated drops or 5 mls activated. 1 ml = 10 drops – use a 5ml syringe for easy measuring.

For a good mold killer add 3 mls activated drops to 250 mls of water in a spray container and spray onto mold. Let sit for 1-2 hrs then wipe off mold using a solution of 5 mls activated in 2 liters of water.

P53 GENE EXPRESSION ACTIVATORS

The repair gene, P53, which protects cells from becoming cancerous, can be highly activated by many natural substances, which is essential as these injections are showing P53 gene suppression ..

This gene when suppressed can cause cancer. The ability to activate p53 within cells may halt cell proliferation, or even cause cancer cell death.

IP6 has been shown to alter the expression of p53. ZINC helps protect the p53 gene against cancer-forming mutations. SELENIUM can activate p53 in response to genetic damage, helping the cell to repair its DNA. Herbs such as SAGE, ROSEMARY, GINGER, CURCUMIN, and ASHWAGANDHA support p53.

THYMOQUINONE extracted from BLACK SEED OIL triggers apoptotic cell death in colorectal and other cancers cells via the p53- dependent mechanism.

ANTHOCYANINS, abundant in red onions, inhibit the damage that impaired p53 can cause on cells and tissue. Anthocyanins are also found in blackberries, blueberries, purple grapes, eggplant, and avocado.

– P53 SUPPORTERS TO INCLUDE IN DIET:

- IP6
- Resveratrol
- Clinoptilolite (a special form of Zeolite)
- Vitamin D
- EFA's from omega 3 fatty acids
- Liquorice
- Mistletoe
- Selenium
- Vitamin C

Processed foods, refined flours, and sugars will impair P53. Smokey flavouring and smoked foods can also damage DNA. Chemicals such as BENZENE and PERCHLOROETHYLENE, two volatile organic compounds, negatively affect p53, possibly causing them to stimulate rather than suppress cell proliferation.

PRION INHIBITORS

A list of chemicals that are showing inhibition effects on Prion (mis folded proteins) formation .These Prions are an issue with these injections and inhibitors should be taken daily if injected . Cancer can also be caused by Prion formation.

Adding many Prion inhibiting supplements and foods daily may be highly beneficial in any diet.

– **PRION INHIBITING SUPPLEMENTS**

- Ecgc
- Curcumin
- Oleuropein Aglycone (Extra Virgin Olive Oil)
- Coffee Polyphenols
- Octyl Gallate (Green Tea)
- Grapes, Pineapple, & Strawberries
- Rosmarinic Acid (Rosemary & Oregano)
- Apigenin
- Baicalein
- Myricetin
- Quercetin
- Ginsenoside Compound K (American Ginseng)
- Retinoic Acid (Vit A)
- Tocotrienol (Vit E)
- Cholecalciferol (Vit D3)
- Garcinoic Acid (Vit E Derived)

GARLIC & LEMON REMEDY FOR BLOOD CLOTTING ISSUES AND GENERAL HEALTH

This is an old remedy that has huge anecdotal evidence for blood clot destruction and has blood thinning properties as well as many other actions. If you have a high D-dimer test result you need to make up this remedy and take daily.

Also take if experiencing any clotting symptoms (bruising, headaches, bleeding in eye, brain fog, memory loss, tingles in hands and feet) or any Cardiac symptoms

– **RECIPE - GARLIC & LEMON**

Ingredients:

- 5 Lemons (organic is essential as you will be using the whole lemon –Discard seeds)
- 10 good sized bulbs of organic garlic.
- 1 litre of Distilled water or Reverse Osmosis water. Pureau is a good brand if buying water

Directions:

Juice Lemons keep juice aside. Finely chop lemon skins (peel & pith) - removing only the lemon seeds - peel Garlic - then add everything into 1 litre of distilled or RO water. Bring water slowly to just before boiling, then simmer gently for a couple of minutes and turn off. When cooled add juice of lemons to mix. Blend in a blender until a consistency that you can drink, store in glass jars in the fridge.

IT'S IMPORTANT TO NOT BOIL THE GARLIC AND LEMON IN WATER, LIGHTLY SIMMER ONLY.

Dose:

- Take 2 x 50 ml doses with food daily until finished.
- Take for 3 months or longer if you are having more injections.

Do not consume more than -125mls daily

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